



DAD (Dads Are the Difference) Program ***Using the 24:7 DAD Series***

Class Topics

- 1. Family History**
- 2. What It Means To Be a Man**
- 3. Showing and Handling Feelings**
- 4. Men's Health**
- 5. Communication**
- 6. The Father's Role**
- 7. Discipline**
- 8. Children's Growth**
- 9. Getting Involved**
- 10. Working with Mom and Co-Parenting**
- 11. Dads and Work**
- 12. Celebrate**