

Class Offerings

- 1. Parenting: Behavior & Discipline (ages 5-12) #1 The Active Parent
- Parenting: Behavior & Discipline (ages 5-12) #2 Cooperation & Communication
- 3. Parenting: Behavior & Discipline (ages 5-12) #3 Responsibility & Discipline
- **4.** Parenting: Behavior & Discipline (ages 5-12) #4 Building Courage, Character & Self-Esteem
- Parenting: Behavior & Discipline (ages 5-12) #5 Understanding & Redirecting Misbehavior
- **6.** Parenting, Behavior & Discipline (ages 1- 5 & ages 5-12) #6 Active Parenting for School Success
- 7. Anger Management: #1
- 8. Anger Management: #2
- 9. Anger Management: #3
- 10. Understanding Substance Abuse
- 11. Understanding Sexual Abuse/Assault
- **12.** The Importance of Fathers
- 13. An Overview of Learning Disabilities
- 14. Effective Communication #1
- **15.** Effective Communication #2
- **16.** Bonding & Child Development
- 17. Legal Issues
- **18.** Abuse and Violence in the Home: The Effect on Children
- 19. Reading & Literacy: The Effects of Media on Children
- 20. Nutrition & Healthy Living
- **21.** Health & First Aid: Child (Shaken Baby Syndrome)
- 22. Budget & Time Management
- 23. Single & Co Parenting
- 24. First Five Years: #1 You &Your Child
- 25. First Five Years: #2 Preventing Problems
- **26.** First Five Years: #3 Encouraging Positive Behavior
- 27. Child and Home Safety
- 28. Children's Mental Health